

## **PATIENT INFORMATION FOR BOTULINUM TOXIN INJECTION FOR EXCESSIVE SWEATING IN THE ARMPITS**

Botulinum Toxin commonly known as Botox to many people, has been shown to be an effective treatment for this condition.

### **Method of administration:**

#### **The procedure**

Entails about 10 small injections using very fine needles. Reports from patients suggest that it is not a very painful procedure.

### **Any special preparations required?**

No special preparation required except that we advise that, if possible, the armpits should be shaved before attending for the injections.

### **Duration of Treatment?**

Each treatment session will last for about 30-45 minutes.

### **Is it a Permanent Cure For My Axillary Sweating?**

The treatment keeps the armpits relatively dry for between 2-12 months. On average many people have a relief for between 4-6 months. Thereafter the injection will have to be repeated but we do not encourage too frequent or excessive use of Botulinum Toxin to avoid the likelihood of antibody formation and subsequent weakening of the effect of the treatment.

### **How Do I Arrange For Repeat Injections When The Effect Is Wearing Off?**

Please contact Mr Onwudike or his team using one of the numbers on our contact page.

### **Are There Any Side Effects of This Treatment?**

No major side effects have been reported so far except for mild pain at the site of the injection. A few people have complained of excessive sweating elsewhere in the body for a short period of time following the injection. Very transient weakness of the arms and arm pain have also been reported. Allergic reaction to Botulinum Toxin is possible, but not commonly observed in practice.